

**Topic: God's Power to Restore** 

# Day 1 - Recognizing Our Need for Healing

Bible Verse: 2 Kings 5:1 (NIV) - "Now Naaman was commander of the army of the king of Aram. He was a great man in the sight of his master and highly regarded because through him the LORD had given victory to Aram. He was a valiant soldier, but he had leprosy."

Naaman, a powerful commander, was highly esteemed and known for his victories in battle. However, his outward success concealed a hidden struggle—leprosy, a dreaded and incurable disease. Despite his military achievements, Naaman's leprosy humbled him, revealing his desperate need for healing. This story teaches us that no matter our accomplishments or reputation, we all have areas of brokenness that require God's touch.

## **Application:**

- 1. Reflect on areas in your life where you may be hiding your brokenness or putting up a facade. Are you willing to acknowledge your need for God's healing?
- 2. Seek God's guidance in humbling yourself before Him and asking for His restorative power in those areas of brokenness.
- 3. Consider how you can extend compassion and understanding to others who are facing their own battles with brokenness and illness.

# **Discussion Questions:**

- 1. How does Naaman's struggle with leprosy highlight the reality of our own brokenness and need for healing?
- 2. Share a time when you realized the depth of your own brokenness and how it led you to seek God's healing.

3. How can we create a safe and supportive community that encourages transparency and vulnerability in acknowledging our need for healing?

**Prayer:** Heavenly Father, thank You for humbling us and reminding us of our need for Your healing. Help us to be honest with ourselves and come before You with our brokenness. We ask for Your restorative touch and healing in our lives. Give us the courage to extend compassion and support to others who are hurting. In Jesus' name, amen.

# Day 2: A Child's Faith and a Servant's Influence

Bible Verse: 2 Kings 5:2-3 (NIV) - "Now bands of raiders from Aram had gone out and had taken captive a young girl from Israel, and she served Naaman's wife. She said to her mistress, 'If only my master would see the prophet who is in Samaria! He would cure him of his leprosy."

Naaman's wife's servant, a young Israelite girl, played a significant role in Naaman's journey towards healing. Though taken captive and in a lowly position, her faith and compassion led her to suggest that Naaman seek the prophet Elisha's help. This humble servant teaches us that even in our seemingly insignificant roles, we can have a profound impact on others' lives by pointing them to God.

# Application:

- 1. Reflect on the influence you have in your sphere of influence, no matter how small it may seem. How can you use it to point others to God's healing and restoration?
- 2. Pray for eyes to see opportunities to offer simple solutions or point others towards the resources they need for their own healing.
- 3. Consider how you can support and encourage those in your life who may be struggling with physical or emotional challenges.

#### **Discussion Questions:**

- 1. How does the servant girl's faith and influence challenge our perceptions of what it means to make a difference?
- 2. Share an example of a time when someone's simple act of kindness or suggestion made a significant impact on your life.
- 3. How can we cultivate a heart of humility and compassion, allowing God to work through us to bring healing and hope to others?

**Prayer:** Gracious God, we thank You for the example of the servant girl who had the courage to share the simple solution of seeking You for healing. Help us to recognize the influence we have, no matter our position or circumstances. Guide us to point others to You and offer

simple acts of kindness and compassion. Use us to bring healing and hope to those who are hurting. In Jesus' name, amen.

# Day 3: Surrendering to God's Unconventional Ways

Bible Verse: 2 Kings 5:10-14 (NIV) - "Elisha sent a messenger to say to him, 'Go, wash yourself seven times in the Jordan, and your flesh will be restored and you will be cleansed.' But Naaman went away angry and said, 'I thought that he would surely come out to me and stand and call on the name of the LORD his God, wave his hand over the spot and cure me of my leprosy. Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Couldn't I wash in them and be cleansed?' So he turned and went off in a rage. Naaman's servants went to him and said, 'My father, if the prophet had told you to do some great thing, would you not have done it? How much more, then, when he tells you, 'Wash and be cleansed'!' So he went down and dipped himself in the Jordan seven times, as the man of God had told him, and his flesh was restored and became clean like that of a young boy."

When Elisha instructed Naaman to dip himself seven times in the Jordan River for his healing, Naaman initially resisted. He had expected a grand gesture from the prophet but was given a simple and unconventional solution. Naaman's rage almost caused him to miss out on God's miraculous restoration. However, through the wise counsel of his servants, Naaman humbled himself, followed the instructions, and experienced complete healing. This story reminds us that God's methods often go against our human logic, and true healing comes through surrendering to His ways, even when they seem unconventional.

## Application:

- 1. Reflect on areas in your life where you may be resistant to God's unconventional solutions or instructions. Are you willing to surrender and trust His wisdom?
- 2. Seek God's guidance and listen attentively for His instructions, even if they don't align with your expectations or understanding.
- 3. Trust that God's ways are higher than our ways, and surrender your desire for control or understanding, allowing Him to bring healing in His perfect timing and manner.

## **Discussion Questions:**

- 1. How does Naaman's experience challenge our tendency to rely on our own wisdom and understanding rather than surrendering to God's ways?
- 2. Share a time when you had to trust God's unconventional methods or instructions. What did you learn through that experience?
- 3. How can we cultivate a heart of surrender and trust, embracing God's wisdom and ways, even when they don't align with our expectations?

**Prayer:** Heavenly Father, help us to surrender our will and understanding to Your ways. Give us the humility to trust Your unconventional methods, even when they challenge our logic. Teach us to listen attentively to Your instructions and follow them faithfully. May we experience Your miraculous healing as we surrender to Your wisdom and timing. In Jesus' name, amen.

The stories of Naaman and the servant girl reveal God's incredible power to bring healing and restoration into our lives. They remind us that God can work through the most unexpected circumstances and use ordinary people to accomplish extraordinary things. These stories challenge us to have faith in God's ability to transform our situations, even when they seem impossible. They teach us to humble ourselves before Him, surrender our pride, and follow His instructions with obedience. As we encounter difficulties and challenges, may we remember the faith of Naaman and the servant girl, trusting in God's power to heal, restore, and bring about miraculous transformations in our lives. May we seek Him with a humble and open heart, allowing Him to work in and through us for His glory.

